What is claimed is:

- A phenolic molding composition comprising:
 a resol-based phenolic resin; and
 40 to 100 parts by weight of inorganic fiber;
- 30 to 90 parts by weight of natural silica powder with an average particle diameter of from 20 to 150 µm; and
 - 1 to 15 parts by weight of a rubber component, each per 100 parts by weight of the resol-based phenolic resin.
- 10 2. The phenolic molding composition according to claim 1, wherein the inorganic fiber includes 50% or more by weight of glass fiber.
 - The phenolic molding composition according to claim 1,
 wherein the natural silica powder is shaped like pulverized powder.
- The phenolic molding composition according to claim 2, wherein the natural silica powder is shaped like pulverized
 powder.
 - The resin pulley molded of a phenolic molding composition defined in any one of claims 1 to 4.